

YOUR SCHOOL PICNIC MENU



A balanced selection of carbohydrates, protein, fresh fruits and vegetables.

MONDAY

Hot Dog or Cheese Wrap
1/3 Sausage roll or
Cheese Twist
Cake or biscuit
Fresh Fruit
Veg sticks

TUESDAY

Sausage Roll or Egg
Mayonnaise Wrap
Cheese Twist
Cake or biscuit
Fresh Fruit
Veg sticks

WEDNESDAY

Pizza Slice or Cheese Wrap
1/3 Sausage roll or Cheese
Twist
Cake or biscuit
Fresh Fruit
Veg sticks

THURSDAY

Meatball Panini or Egg
Mayonnaise Wrap
1/3 Sausage roll or Cheese
Twist
Cake or biscuit
Fresh Fruit
Veg sticks

FRIDAY

Fish Finger Wrap or Cheese Wrap
1/3 Sausage roll or Cheese Twist
Cake or biscuit
Fresh Fruit
Veg sticks



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